

Whitening Strips -Expert Dentistry Advice From Dr. Chase

We have been speaking to experts and collecting their advice for our health and beauty readers. Our most recent health expert is New York City dentist, Dr. Chase. We all want a brighter and whiter smile to look our best and give a great first impression. With Dr. Chase's expert help, we can achieve that.

Q: Do Crest WhiteStrips work and are they safe? I used them once before and they really made my teeth sensitive, so I stopped using them.

A: Whitestrips are one of many over the counter tooth whitening products available that seem to work well for many people, but some people do have problems with the fit or tooth sensitivity. Your dentists can help provide a custom whitening tray that may decrease the sensitivity. They may be able to prescribe a type of whitener that works better for sensitive teeth or even a medicine that helps decrease sensitivity, so you can continue to whiten.



Dr. Chase, D.M.D., is a 15 year veteran in cosmetic dentistry. He is a practicing partner at SmilesNY, a leading cosmetic dentistry practice in New York City. He has made it his life's work to educate patients about the significance of possessing a healthy smile as a critical indicator of overall health and wellness. He is a member of the American Dental Association and the American Academy of Cosmetic Dentistry.