



DIRECTIONS



From CT - Take I-84 West toward Danbury. Follow exit 20 for I-684 toward NY-22 / White Plains / Pawling. Keep left at the fork to continue toward I-684 South and merge onto I-684 South. Merge onto Hutchinson River Pkwy South. Continue onto Cross County Pkwy. Take exit 6 for Bronx Pkwy S toward Sprain Pkwy. Merge onto Bronx River Pkwy. Take exit 5 for E 177 St toward Sheridan Expy/I-895 S/Triboro Bridge. Merge onto E 177th St. Continue onto I-895 S. Take the exit onto I-278 W. Take the exit toward FDR Dr. Merge onto Robert F Kennedy Bridge. Keep left at the fork, follow signs for FDR Dr. S. and merge onto FDR Dr./Franklin D. Roosevelt East River Dr. Take exit 12 for E 63 St toward Roosevelt Island/New York/Queensboro Bridge Merge onto E 63rd St SmilesNY will be on the left.

From NJ - Merge onto I-95 West via the ramp to Trenton. Take exit 6 for New Jersey Turnpike. Keep left at the fork and continue toward I-95 North / New Jersey Turnpike North. Take exit 16 E toward Lincoln Tunnel / NJ-3. Keep left at the fork, follow signs for NJ-3 / Secaucus and merge onto NJ-495 East. Continue onto Lincoln Tunnel. Take the exit toward West 40th Street. Turn right at West 40th Street. Turn left onto 3rd Ave. Turn right onto E 64th St. Take the 1st right onto 2nd Ave. Take the 1st right onto E 63rd St. SmilesNY will be on the left.

From LI - Take I-495 West / New York. Take exit 42 for Northern Parkway West toward New York. Merge onto Northern State Parkway and continue onto Grand Central Parkway West. Exit onto Union Turnpike. Turn right at Queens Blvd. Continue onto Queensboro Bridge. Turn right onto Tunnel Exit St. Turn left on 63rd St. and continue across 2nd Ave. SmilesNY will be on the left.

From Westchester - Merge onto Hutchinson River Pkwy South. Continue onto Cross County Pkwy. Then take the Saw Mill Pkwy South exit toward New York City. Merge onto Saw Mill River Pkwy. Take exit 22 for I-87 West toward Albany/New York City. Follow signs for I-87/New York City and merge onto I-87 South. Take exit 3 toward E 138 St/Madison Ave Bridge. Merge onto Exterior St. Continue onto E 135th St. Turn right onto Third Ave Bridge. Turn left onto E 128th St. E 128th St. turns slightly right and becomes 2nd Ave. Turn right onto E 63rd St. SmilesNY will be on the left.